

FamilyMeans

BETTER IS POSSIBLE

2022 Annual Report



COUNSELING & THERAPY



CAREGIVING & AGING



EMPLOYEE ASSISTANCE



YOUTH DEVELOPMENT



FINANCIAL SOLUTIONS



CENTER FOR GRIEF & LOSS

A LETTER FROM

FamilyMeans' President & CEO

Our agency tagline is “Better is Possible.” You may have seen these three small words in our logo, or recognize them from the name of our annual fundraiser event. At FamilyMeans, this mantra holds many different meanings. For our clients, we aim to help them get to a better place in whatever challenge they came to us with. That could look like a caregiver having a few hours to rest a week, a child having a safe place to go after school, a recent college graduate burdened with debt learning the steps to become debt-free, or a widowed spouse receiving support after the death of their loved one. For our staff, better means continuing to learn and grow to provide a high level of care to clients and service to the community, while also feeling fulfilled in their work. For volunteers, better means finding a perfect match that allows them to use their talents to support programming in a meaningful way.

Though “better” means many different things to each person who walks through our doors, one thing is constant – FamilyMeans aims to improve the lives of all who interact with us, building a stronger community through our work. This year marked 59 years of providing essential services. We are grateful for the opportunity to continue to provide support in meaningful ways. In 2022, a few things stand out as ways FamilyMeans made better possible for our community:

Caregiving & Aging paved the way for LGBTQ+ aging education by presenting at the American Society on Aging national conference.

Financial Solutions used innovative community engagement practices to reach more individuals. In total, seeing a 33% increase in families served over 2021.

Counseling & Therapy responded to increased community need by hiring more staff and participating in continuing education on emerging challenges since the pandemic.

Youth Development programming continued to support youth in post-secondary prep, introducing them to new opportunities and sparking interests to aid in successful futures.

The FamilyMeans Board of Directors, Management Team, and staff worked together in 2022 to establish a new strategic plan. This plan focuses on three overarching themes—unity, engagement, and impact. Over the next three years, we will use this plan as a guide in providing quality service to the community. We aim to unite across FamilyMeans to serve diverse communities, strengthen agency culture to attract and retain employees, and share our story to engage with the community and generate support. Each initiative will help to further our mission of strengthening communities and improving lives.

I am proud of our staff, interns, and volunteers for continuing to advance agency work through innovative, community-driven programming. With the dedication of agency staff and generosity of the community, ‘Better is Possible’ through the services that FamilyMeans provides. We thank you for another successful year.

Sincerely,



Jim Kroening
President & CEO

FamilyMeans Leadership 2022-2023

Board of Directors



Back Row (L-R):

Robert Clark
Joshua Zignego, Secretary
Lindsay Belland
Jessica Meletiou
Clark Schroeder
Peter Matzek, Treasurer
Marissa Kropp
Michael Lyner

Not Pictured:

Anu Green
Melissa Harris, Vice Chair
Heidi Hubbard, MD
Rajeane Moone, PhD

Front Row (L-R):

Brian Gunderson, Chair
James Kroening, President & CEO

Management Team

James Kroening, President & CEO

Angela Dziengel, Director of Human Resources

Doug Elliot, Director of Finance

Kelly Hansen, Director of Financial Solutions

Melena Nelson, Director of Development & Communications

Erin Rowilson, LMFT, Clinical Director of Counseling & Therapy

Beth Wiggins, LISW, Director of Caregiving & Aging

Next Generation Council

Kellie Burch | Claire Cummins | Marissa Kropp | Birgitte Nielsen | Emily Peterson

Mission

FamilyMeans strengthens communities by helping individuals and families* through challenges in all life stages.

Vision

FamilyMeans envisions vibrant and resilient communities where everyone lives to their fullest potential.

**A family consists of people, whether living together or apart, related by blood, marriage, adoption, or the commitment to care for or about one another.*

To save money and resources the FamilyMeans Annual Report is also available online. FamilyMeans.org/2022annualreport.html

Supporting individuals & families through life's toughest challenges.

FamilyMeans is a multi-service, nonprofit organization *EIN 41-6045574*.
 Providing essential support services since 1963.

Main Office: Stillwater, MN Satellite Offices: Saint Paul & Rochester, MN and Hudson & Eau Claire, WI

**IN 2022,
 WE SERVED 11,814**

**ANNUAL OPERATING BUDGET
 \$4.5 MILLION**

83 EMPLOYEES/CONTRACTORS

**135 VOLUNTEERS PERFORMED
 8,866 SERVICE HOURS**

FamilyMeans Programs

COUNSELING & THERAPY

CAREGIVING & AGING

EMPLOYEE ASSISTANCE

YOUTH DEVELOPMENT

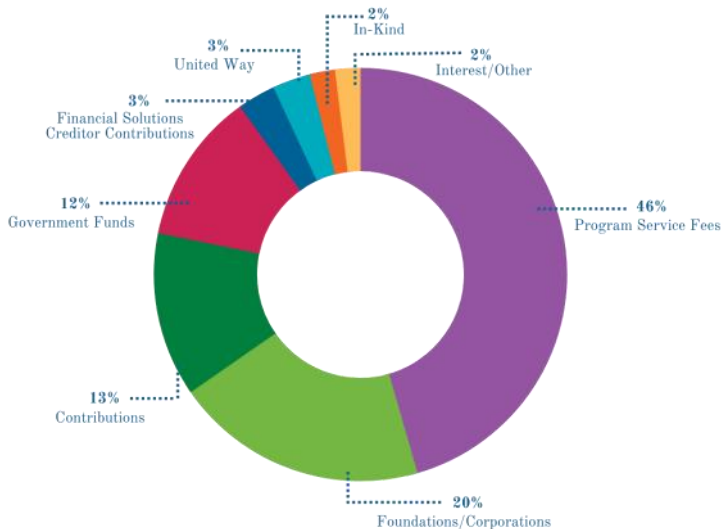
FINANCIAL SOLUTIONS

CENTER FOR GRIEF & LOSS

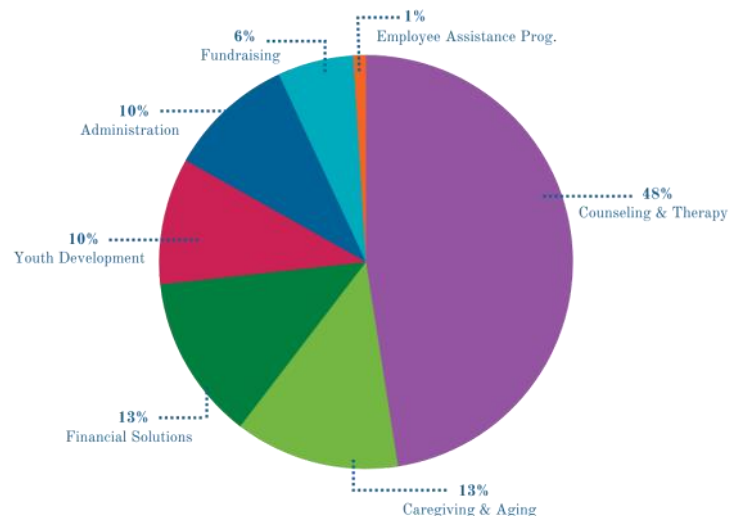


Financial Report

Revenue & Support - Operations
\$4,805,894.39



Expenses - Operations
\$4,532,685.00



FamilyMeans Staff & Volunteers

FamilyMeans staff, contracted employees, and interns are committed to providing high-quality, personal care. Their mission focused attitudes support our clients, volunteers, and community in accessing FamilyMeans services.

Staff				Contracted	Interns
Sarah Adams	Brian Engelen	Alex Maas	Molly Ruggles	Jennifer Baker-Jones	Olivia Fesser
Jailyn Antunez	Allison Epstein	Christa Marincel	Stacy Scanlon	Allison Chant	Kathryn Kinneberg
Daniel Bohnker	Carey Garcia-Heublein	Jodi McCoy	Leah Scribner	Amee Christensen	Christa Marincel
Jonathan Boorman	Nicole Gardner	Jenice McKenzie	Eli Snyder	Sharon Chung	Monica McGee
Jennina Boskovich	Sarah Gavin	Georgiann Melton	Jaime Staska	Bobbie Colby	Linda Mercado
Andy Calixto	Diane Hall	Portia Mensah	Esther Steinke	Nina Cook	John Moffit
Michael Casale	Kelly Hansen	Linda Mercado	Heather Swanson	Dianna Diers	Hayley Palmer
Joseph Cash	Shelby Hansen	Sarah Murl	Heather Sweeny	Katie Heckman	Valerie Ryan
Kathleen Charlson	Lisa Holsten	Delmar Napue	Jacob Tone	Michaela Janssen	Leah Scribner
Alyssa Demma	Maria Ideker	Melena Nelson	Dana Tonne	Brooke Kaney	Sophie Voytovich
Tina Dince	Margaret Irwin	Deborah Newton	Amy Weber	Allison Richards	
Anh Doan	Kari Kelcher	Erin Patchin	Jennifer West	Dallas Rising	
Rachel Dowling	Donna Knops	Sheritta Phillips	Suzy Wheeler	Gretchen Rosa	
Angela Dziengel	James Kroening	Toni Price	Beth Wiggins	Rachael Sarto	
Nora Eiesland	Riley Langness	Gina Rainer	Mary Wilkening	Corilyn Wagner	
Douglas Elliot	Kun Liu	Heidi Ricks	Nichelle Witt	Merra Young	
	Danielle Luettinger	Erin Rowlson	Jane Wojski		

We are grateful for the many volunteers who provide agency support through their time and talent. In 2022, **135 volunteers performed 8,866 hours** of service through many different initiatives including administrative tasks, event assistance, respite, and youth program support.

Volunteers					
Kristie Anderson	First State Bank & Trust	Judy Holderbach	Danielle Lillie	Hayley Palmer	Susannah Torseth
Jamie Ballard	Madeline Flesvig	Barb Holland	Michael Lyner	Marilyn Palmer	Foster
Pat Barrett	Debbie Flick	Sharon Holman	Rita Lynum	Peggy Perry	Marianne Tyrrell
Peg Bear	Debbie Flick	Hannah Holsten	Libby Magnus	Emily Peterson	Sue VanTassel
Lindsay Belland	Kristin Forsythe	Heidi Hubbard, MD	Jan Malvey	Marilene Kettlewell	Sophie Voytovich
Charles Bransford, MD	Connie Fredkove	Carol Huber	Kendra Margl	Valerie Ryan	Teri Walen
Carolyn Briol	Nancy Freppert	Kari Huckels	Christa Marincel	Milena Sandstrom	Dan Walsh
Dave Broberg	Lynne Funk	Paul Huckels	Isis Marte-Osoria	Jim Scheibe	Lorraine Weber
Sue Broberg	Anu Green	Mary Jo Jackson	Peter Matzek	Clark Schroeder	Sandy Weber
Kellie Burch	Brian Gunderson	Doreen Johnson	Monica McGee	Leah Scribner	Jaquie Webster
Robert Clark	Pam Hall	Caden Jurkovski	Jessica Meletiou	Carl Seagren	Sandy Wendt
Mike Clark	Ella Hamilton	Aiden Kilibarda	Zoe Meletiou	Dawn Shoen	Jeff Werner
Sam Coburn	Lewis Hamilton	Natalie Kilibarda	Linda Mercado	Linda Skoglund	Caroline White
Nick Costa	Oren Hamilton	Ryan Kilibarda	Anne Methany	Carmen Smith	Dan Wilson
Claire Cummins	Patti Hanlon	Kathryn Kinneberg	John Moffit	Jenn Snyder	Irene Wilson
Nora Dragich	Alayia Hansen	Brynne Klancher	Rajejan Moon, PhD	Steve Spark	Norma Wilson
Angela Dreis	Erica Hansen	Julia Klancher	Mary Neary	Toni Stedman	Thomie Wilson
Nancy Eichten	Katie Harris	Kevin Klancher	Ted Nesse	Isaac Steinke	Louis Winslow
Rebecca Erickson	Melissa Harris	Lauren Klancher	Birgitte Nielsen	Sarah Steinke	Gary Wright
Lorie Etter	Carol Hecht	Rachel Klancher	Kathy Noble	Cary Stewart	Chee Yeun Lay
Olivia Fesser	Rachel Hess	Sierra Klein-Roque	Judy Norberg	Julie Sutter	Tom Yuska
	David Hicks	Carolyn Kohlbeck	JoAnn O'Connor	Noah Sutter	Josh Zignego
	Nancy Hokonson	Marissa Kropp	Lynae Olson	Shirley Theissen	

Caregiving & Aging



FamilyMeans Caregiving & Aging programs served 1,719 individuals in 2022!

Providing coaching and consultation, education, information and referral, and support groups. We also offer in-home and group respite to family and friend caregivers of children and adults, especially elders, with functional limitations. We support and empower persons living with dementia through group connections and individual consultation.

2022 Highlights

Caregiving & Aging staff presented at the American Society on Aging national conference in New Orleans, discussing “Advancing Transgender Health and LGBTQ Aging Understanding Through Virtual Reality”. (2nd photo above)

A new program offering, Night Out, began. This group respite option provides companionship and fun for care receivers in the early evening.

Dementia Empowerment services continue to grow! Community Connection, a group engagement program for individuals with early memory loss, served 28 people with over 800 hours of support. As a result, 98% of participants report feeling less isolated.

Our use of the arts expanded in 2022. Persons living with dementia and other challenges benefitted from professionally-guided music, poetry, and visual arts experiences. Caregivers added movement and story-sharing techniques to their self-care skills.

In-Home & Group Respite

Provided over 3,400 hours of relief to 103 caregivers, supported by 39 volunteers.

100% of respite volunteers report making a difference in the lives of the families with whom they work.

Support Groups

121 support group sessions held both in person and virtually, totaling nearly 900 hours of peer support.

Education

89 education sessions serving 1,212 individuals. Popular education topics include, virtual reality dementia experiences, Powerful Tools for Caregivers, and A More Balanced You.

Coaching & Consultation

Provided 1,253 hours to 272 caregivers, improving their ability to cope.

“There is not a lot available for seniors and sometimes we feel like we are invisible. Coming to FamilyMeans for the November event and hearing Margaret welcoming us by our names, it meant the world to us. We found a place that we belong” - Caregiving & Aging Client

Counseling & Therapy



FamilyMeans Counseling & Therapy programs served 1,515 individuals in 2022!

Providing high-quality, easily accessible, and affordable mental health support to individuals and families when and where they need it. In 2022, our support was easily accessed through three subprograms: Outpatient Mental Health, School-Based Mental Health, and the Center for Grief & Loss.

2022 Highlights

We saw an increased demand for mental health services in our communities. We responded to this need by collaborating with local groups to spread awareness and information regarding mental health resources.

In addition, we were fortunate to add more staff members to provide more therapy when needed most.

Counseling & Therapy staff continue to grow together through education, team retreats, and collaboration. This continuous growth allows for staff to support our community through changing mental health needs, while providing the highest level of care.

School-Based Mental Health

Provided services for students in 18 schools in 4 districts on both sides of the St. Croix River.

3,761 sessions supporting 297 students.

82% of students agree that the skills they learned in therapy have been helpful in managing symptoms outside of sessions.

Outpatient Clinics: Stillwater & Hudson

Over 6,500 sessions, serving 759 individuals.

Top Three Reasons Clients Are Seeking Therapy:
Feelings about Self | Family Relationships | Trauma

90% of clients say that since coming to FamilyMeans symptoms are improving.

Center for Grief & Loss: St. Paul

In 2022, we celebrated the 10th Anniversary of the merger of the Center for Grief & Loss with FamilyMeans.

Over 5,500 sessions, serving 459 individuals, conducted for complicated grief, trauma, and life transition.

Provided 9 community events in 2022 including the 15th Annual Memorial Walk for Hope & Healing, Nature Immersion workshops, Yoga Nidra, and Restorative Yoga for Grief.

“This is the first time in over 10 years I have had access to consistent therapy and I am noticing a huge difference in my life” - Counseling & Therapy Client

Financial Solutions



FamilyMeans Financial Solutions programs served 4,884 individuals in 2022!

Offering a suite of services to support individuals and families experiencing financial stress. Our expert staff provide budget and credit counseling, education, and a debt management program to aid the community in finding financial freedom.

2022 Highlights

As economic changes put a strain on many individuals' budgets, the Financial Solutions program aimed to connect with those individuals to support them through this time of uncertainty. We did this through community outreach efforts:

- Thrifty G.O.A.T: 5- part video series in collaboration with Get Out and Try that shared information on how to have fun on a budget.
- Get Out and Try Podcast: interview with Counselor Manager, Eli Snyder on the benefits of the Debt Management Program.

Budget & Debt Counseling

Provided over 1,000 financial counseling sessions in-person, over the phone, and online.

Clients indicate that the top cause of their financial problems come from reduced income, unemployment/job loss.

97% of clients report having a better understanding of their financial situation and what they need to do to improve it.

Debt Management Program (DMP)

821 families participated in the DMP returning over \$4 million to local and national creditors.

The average beginning debt of DMP clients is \$20,000. Most successfully pay this off or take over their accounts in 3.5 years.

96% of clients report that the DMP has helped reduce financial stress in their life.

Education

In 2022, we provided 120 financial education presentations to over 2,000 individuals.

"I was treated with dignity from the first meeting to when everything was completed. I honestly feel if I was not able to be part of this program, I would still be overwhelmed with debt. I cannot thank you all enough!"
- Debt Management Program Client



EMPLOYEE ASSISTANCE (EAP)

The agency contracts with school districts, manufacturing companies, healthcare agencies, and others to provide this employee benefit. Support services include Caregiving & Aging, Counseling & Therapy, Financial Solutions, and legal consultation referral. **FamilyMeans EAP served over 3,500 individuals in 2022!**

Youth Development



FamilyMeans Youth Development programs served 196 individuals in 2022!

Offering free, year-round, out-of-school programming for underserved youth in grades K-12 in Cimarron (Lake Elmo) and the City of Landfall. Equipping youth to learn, thrive, connect, and contribute throughout their lives.

2022 Highlights

The Cimarron Kidspace Library received a refresh this year! With generous donations of books, shelves, and artwork the space is perfect for youth to foster a love for reading!

We were able to increase community knowledge of volunteer opportunities by doing outreach at the local high school Key Club, National Honor Society, and at the Stillwater Sunrise Rotary Club.

Volunteering increased by 150% from 2021.

Youth Development participants indicate that their favorite parts of 2022 included:

Field Trips to Off-Site Locations

4-H and Nutrition

Gardening

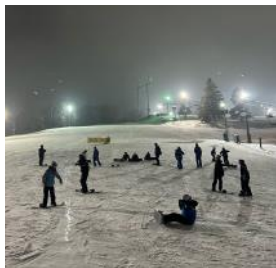
Multi-Session Projects

Summer Artist Program

Model Train Project

Theater & Film

Youth Advantage Skiing & Snowboarding



Teen Programming Post-Secondary Pathways

Ready to Be (RTB) supported youth through homework and tutoring, as well as strength assessments to help discover their unique talents and interests.

RTB took youth on field trips to 7 different community colleges, universities, and trade schools to expose them to programs including culinary arts, automotive, welding, and polytechnic opportunities.

Landfall had a 100% increase in participants from 2021.

100% of teens in our RTB program reported that FamilyMeans has helped identify their strengths and interests.

Children's Programs

Daily focus on art, science, cooking, dramatic play, homework help, and computer access.

Landfall's Investigation Station had a 37% increase in participants from 2021.

"They make you feel like you belong. Whenever I'm stuck on homework, or anything that I don't understand, FamilyMeans is there to help me." - Landfall Teen Participant

Program Endowment Support

Program Endowment Fund Donors

**Gifts given in memorial are designated to the program endowment fund.*

Andersen Corporate Foundation
 Anonymous Donors
 Arba-Della Beck*
 Diane Berglund
 Ben & Jen Bertsch
 James & Phyllis Bjork
 Dennis & Kathy Black
 Pat Bovee
 Art Monson & Mary Brown Monson
 Deborah Charpentier
 Chilakoot Bow Hunters
 John & Bonnie Crouch
 Dwight & Rebecca Cummins

Erik Skon & Kathleen Dailey-Skon
 Stephen & Kathleen Danaher
 Mark & Gloria Desch
 Leslie Dorendorf
 Heidi Dubord
 Lorie Etter
 Susan Fierke
 Joyce Flynn
 Thomas Foels
 Edythe Friedrich
 Mary Gillespie
 Leonard Gunderson
 Michael & Suzanne Hangge
 Charles & Patricia Hanlon
 Steve & Kelly Hansen
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 Lowell & Anne Helgason
 David & Karen Hewes
 Craig & Jeannine Hoffbeck
 Robert & Heidi Hubbard
 Margaret Irwin
 Curt & Mary Jo Jackson

Edwina Johnson
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 Sharon Jones
 Jamie & Maureen Junker
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 Larry & Paulette Lappi
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 Tracy Maki
 Catherine Mayer
 Donna & Charles McGinley
 Ken & Elizabeth McGinley
 Daniel & Heidi McKeown
 Sheila Mohr
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 William Moore
 Warren & Alyce Nelson
 Jack Nyenhuis
 Marie Olsen

Lawrence & Kathy Panciera
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 Carroll Rock
 Catherine Scobie
 Albert & Toni Seaver
 John & Onallee Serier
 Jill Sletten
 William & Carol Straka
 Shirley Theissen & Jacque Nelson
 Diane Thomas
 Kenneth & Mary Tomes
 Christine Trevis
 John & Melissa Uppgren
 William Wacker
 Gerald & Kristin Wallerich
 Nancy Walter
 William Wilkening
 Jerome Wohlers
 Steven & Ann Wolff
 Gary & Joan Wright
 Nina Wulff



2022-2025 Program Endowment Campaign

In 2022, FamilyMeans embarked on a four-year Program Endowment Campaign. The goal of this campaign is to raise \$750,000 to help increase fund holdings to \$2 million by 2025. A fund of this size will bring an unrestricted annual distribution of up to \$90,000. Support of this magnitude will help FamilyMeans to weather funding shifts and swiftly bring the community new programs as needs change.

In the first year of the campaign, over \$230,000 was raised in support of the FamilyMeans Program Endowment Fund. We are hopeful to reach our goal by 2025.

In late September, we kicked-off the campaign with a boat cruise (pictured left).



FamilyMeans
LEGACY CIRCLE

“Legacy Circle gifts help FamilyMeans ensure that our programs are available to meet community need—today and in the future. We are thankful for the generosity of members whose gifts will support our community for generations to come.”

- Melena Nelson, Director of Development & Communications

Legacy Circle Members

David and Joyce Anastasi
 Anonymous
 Arba-Della Beck*
 Dawson Bradshaw*
 Pat* and Janet Brady
 Dr. David and Sandy Brandt
 Michael and Jodi Clark
 Kelly Davis and Bill Stump
 Mark and Gloria Desch
 James* and Mary Gillespie
 Cindy Hill

John Hooley*
 Rob and Dr. Heidi Hubbard
 Curt and Mary Jo Jackson
 Larry and Paulette Lappi
 Gary* and Kathleen Lindahl
 John and Carol Oakland
 Greg and Diane Palmer
 David and Marilyn Palmer
 Delwin and Marilyn Peterson
 Donald Schuld
 David and Jennifer Snyder
 Nick and Jenna Weiss
 Dennis and Sonja* Yon
**in memorium*

'Better is Possible' Fundraiser

In 2022, FamilyMeans held the second annual 'Better is Possible' Fundraiser!

This fundraiser was the first large in-person event since the pandemic began. Over 150 members of the community came together to support agency programs and help us to raise \$85,000!



What guests have said....

“
Great organization with people who have a shared passion. So inspirational!

“
Warm, inviting atmosphere. Loved the video you shared.”

“
Was a great event! Everyone is talking about it!

Community Support

Program Funding Sources

3M Company
AT&T Minnesota
Allianz Life Ins Co of North America
Allina Health System
Andersen Corporate Foundation
Behavioral Ideas
Boss Foundation
Capital One
Casey Albert T. O'Neil Foundation
Citi Cards
City of Landfall
Community Care Corps
Fred C. & Katherine B. Andersen Foundation
Hardenbergh Foundation
HealthPartners
Hudson Community Foundation
Hugh J. Andersen Foundation
Kopp Family Foundation

Lakeview Foundation
Lee S. and Dorothy N. Whitson Fund
Manitou Foundation
Mardag Foundation
Margaret Rivers Fund
Minnesota Department of Human Services
New Richmond Area Community Foundation
Otto Bremer Foundation
St. Croix Valley Foundation
Stevens Square Foundation
The Richard M. Schulze Family Foundation
Think Small
Tom and Patty Doar Foundation
Trellis
United Way of Greater Chippewa Valley
United Way of Washington County - East
United Way St. Croix Valley
Warren Foundation
Weekes Family Foundation

Community Events Benefiting FamilyMeans

[Book Angels](#) | Valley Bookseller
[Employee Workplace Giving](#)
Andersen Corporation
Stillwater Area Schools (District 834)
[Holiday Gift Drive](#)
First Presbyterian Church of Stillwater
Stillwater Motors
Stillwater Sunrise Rotary
Student Assurance Services, Inc.
[Townie Tuesday](#) | Lift Bridge Brewery
[Grocery Store Campaigns](#)
River Market Co-Op
Kowalski's Market Oak Park Heights
[Pony Up For Kids](#) | The Partnership Plan
[Turkey Trot 5K](#) | River Valley Athletic Club



Gifts In-Kind

Ace Helicopters
Anonymous Donors
Lindsay Belland
Bricks Neapolitan Pizza
Kellie Burch
David & Denise Carlson
Cozzie's Tavern & Grill
Claire Cummins
Dairy Queen
Mark & Gloria Desch
DiaSorin
Annette Dudley
David Elgethun
FamilyMeans Board of Directors
First Presbyterian Church
First United Methodist Church
Great Harvest Bread Co.
Brian Gunderson
Hagberg's Country Market
Steve & Kelly Hansen
Douglas Hanson
Tim & Katie Harris
Heritage Embroidery & Design
James & Michele Hermansen
Rachel Hess
Hop & Barrel Brewing Company

House of Glow
Robert & Heidi Hubbard
Hubbard Broadcasting
Hubbard Interactive
Carol Huber
Hudson Flower Shop
Dawn Iacarella
Japa Salon
Joe's Sporting Goods
Just for Me Spa
Kevin & Rachel Klancher
Knoke's Chocolates
Marissa Kropp
Lake Elmo Inn
Landfall Youth Development Participants
Lift Bridge Brewing Co.
Loffler Companies
Lucette Brewing Company
Linda Lucio
Marquess Studios
Peter Matzek
Jeff McGuire
Rajeon Moone
Melena Nelson
Birgitte Nielsen
Judy Norberg
Patina
PEO Sisterhood, Chapter E P

Brock & Emily Peterson
R.F. Moeller Jeweler
Rivertown Inn
Rose Floral & Greenhouse
Erin Rowson
Courtney Schaan
Clark Schroeder
Smug Pug Truck
David & Jennifer Snyder
Dita Squires
Stillwater Area Schools
Stillwater Motors
Stillwater Sunrise Rotary
Stillwater Trolley
Student Assurance Service, Inc.
Solveig Swendseid
Tangled Salon
The Lora Hotel
Susannah Torseth Foster
Valley Bookseller
Teresa Vanderbent
Victoriano's
Kathy Weaver
Mike & Amy Weber
Joe & Danielle Wenker
Youth Fishing Guide Minnesota
Zephyr Theatre

2022 Donors

FamilyMeans is grateful for the many individuals, families, community groups, and organizations that help to support our mission by donating to the agency. With you, *Better is Possible!* Thank you!

\$10,000 +

Andersen Corporate Foundation
Anonymous Donors
Heinrich Bantli
Culver Davis
Mark & Gloria Desch
Tom Higgins & Julie Wissinger
Stanley & Karen Hubbard
Beverly Lloyd*
Daniel & Heidi McKeown
S. Gale Fund
Bonnie Zimmer

\$5,000 - \$9,999

Andersen Corporation
Baytown Woods Fund of the St. Croix Valley Fdn
Stephen & Kathleen Danaher
Kelly Davis & Bill Stump
Kim & Libbe Erickson
Hubbard Broadcasting Foundation
Lake Elmo Bank
Michael & Nancy Lyner
William & Priscilla Meredith
Roger Miller & Mary Zwebler
Thomas & Elinor Nicklawske
John & Carol Oakland
Mike & Kathy Pearson
Craig & Georganne Williams

\$2,500 - \$4,999

Janet Brady
Carmen Colombo
Dorothy Gascoigne
Robert & Heidi Hubbard, MD
Curt & Mary Jo Jackson
Orville & Kathleen Johnson
Andrew & Virginia Kass
John Kimberly & Amy Lewis
Maguire Agency
Microsoft
Gerald & Nancy Nelson
David & Marilyn Palmer
Steven Sweeney & Carla Hensley
Walter and Leona Schmitt Family Foundation
Jeri West
Western National Mutual Insurance Co
Daniel & Mary Wilkening

\$1,500 - \$2,499

David & Joyce Anastasi
Mary A. Anderson
Bonnie Bakke
Arba-Della Beck*
Michael & Jodi Clark
Dwight & Rebecca Cummins
Jennifer Gillespie
Mary Gillespie
Google
Michael & Suzanne Hangge
Ron & Melissa Harris
James & Michele Hermansen
Mark & Jean Hoffman
Laurie Houle
J.A. Counter & Associates Inc.
Kowalski's Markets
James & Amy Kroening
Peter Matzek
Heather McCready
Ken & Elizabeth McGinley
Steven & Jessica Meletiou
Kathryn Nelson
Johan Nielsen
Walter & Lynn Ogburn
Joe & Connie Paiement
Greg & Diane Palmer
Delwin & Marilyn Peterson
Giuseppe Puppini
Patricia Rogers
Royal Credit Union
Trinity Lutheran Church
Ben Withbroe

\$1,000 - \$1,499

3M Company
Anthony & Susan Alleva
Tim & Kathy Ball
Nolan Barrios & Kristin Kroll
David & Sandy Brandt
CBIZ
DiaSorin
Eckberg, Lammers, Briggs, Wolff, & Vierling P.L.L.P.
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Wendell & Susan Fletcher
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Larry & Paulette Lappi
Lynn Peterson Design
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MHC Property Management

John & Kristin Miller
Wally & Karen Nelson
John & Patricia Reinke
Clark Schroeder & Summer Siedenkrantz
Sit Investment Associates
William & Carol Straka
Diane Thomas
Twin Cities Orthopedics
Warren & Ann Wasescha
Kathy Weaver
WESTconsin Credit Union
Danial & Norma Wilson
Jerome Wohlers

\$500 - \$999

Terry Arnesen
Ascension Episcopal Church
Falan Austin
Boris Beckert & Patsy Jo Bishop
John & Colleen Bourdaghs
Pat Bovee
Ann Brownlee
Mark & Shelley Campbell
Chestnut Consulting
Robert & Christine Clark
Dave & Corinne Colburn
Compeer Financial
Conmek Reps, Inc
David & Susan Crowell
Dennis & Shelly Doerr
Jill Dreyfus
Nancy Edwards
Thomas Foels
Thomas & Laura Fredericks
Galowitz Olson, PLLC
Gephart Electric
Seth & Anu Green
Tom & Lynn Gunderson
Anju Gupta-Lavey
Tim & Katie Harris
HealthPartners
Lowell & Anne Helgason
David & Karen Hewes
David Hey & Barbara Roy
Phil & Ebba Holladay
Ray & Alice Hunder
Jaime & Maureen Junker
John Kerschbaum
Sharon King
Frank & Cheryl Klink
Steven Law
Patricia Leschke
Rita Lynum
Kendra Margl

Ray & Jackie Marshall
Catherine Mayer
Christopher McHugh & Cheryl Smetana McHugh
Nancy McKay
MidWestOne Bank
Wallace & Leslie Milbrandt
Curt Moe & Kathy Harker
Lawrence & Tamara Morrissey
Erica Oesterreich
James & Marilyn Opp
Harold Pearson
Ken & Nancy Pedersen
Lindsey Pitts
Tim & Bonnie Power
River Valley Referrals
Daniel & Kathryn Rominski
Pamela Rushing
Michael Scanlan
Michael & Nancy Schauer
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Wailing Wall in the Center's Garden



FamilyMeans Celebrates 10 Years with the Center for Grief & Loss

Since its inception in 1996, the Center for Grief & Loss (CGL) has been one of the few local clinics dedicated to providing individuals, couples, and families with specialized grief, loss, and trauma counseling, education, and support groups. When FamilyMeans merged with the CGL in 2012, we remained steadfast to this unique service offering.

Since then, the CGL has served nearly 4,000 clients in over 48,000 counseling sessions. We continue to be responsive to community needs and changes, especially during this unique time. The need for our support services is greater than ever before. We thank you for 10 impactful years of providing support to those who are experiencing grief and loss.

[Scan the QR code to view special CGL client video, showing the great impact this program has on](#)

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FamilyMeans is proud to celebrate 59 years of service!

We are a place where people can get help and emerge stronger from life's challenges.

This success is due, in part, to our wonderful donors, staff, and volunteers! Thank you!



FamilyMeans is accredited by the Council On Accreditation (COA).

We are licensed to do mental health counseling in MN & WI, and financial counseling and debt repayment in MN, WI, FL, and GA.



FamilyMeans

1875 Northwestern Ave. S.
Stillwater, MN 55082

**FamilyMeans, a place where people can get help and
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